

## Case Study #2 - Scott's story

Scott is a 36 year old man with significant and enduring mental health difficulties. He is subject to a CPA (care programming approach) having been detained under MHC&T Act a number of times in previous 8 years. Scott's capacity fluctuates. He is currently well and living on his own in a local authority tenancy. His parents and older brother live close by. Scott receives regular support from a CPN to support his health and monitor his medication. He also receives 10 hours per week from a local mental health provider, to support him to maintain his tenancy, prompt him with his medication and access his local community. Scott has a history of dis-engaging with the workers, not letting them in to his house at agreed support times. Scott feels frustrated at the lack of flexibility about when these visits take place and doesn't feel he has built any real relationships with the workers who often change at short notice.

There is increasing concern that Scott is being exploited by others in his local community. Staff suspect Scott's home is being used as a local drinking den and feel this adds to the challenges of trying to engage with Scott at key times. Historically mis-use of alcohol leads to poor mental health increased psychotic episodes and results in short term detention.

Scott used to be an active member of his local golf club and a keen fisherman but his poor mental health over the years has impacted on his ability to enjoy his interests. Scott has a close relationship with his brother and his 14 year old nephew and would like to spend more time with them



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