



# Awareness raising



## Introduction and scope

This module has been developed by Social Work Scotland through consultation with councils, supported people, carers and other partner organisations.

The resource can be used in its current format or can be adapted to fit local requirements and priorities. Facilitation notes are provided. We recommend anyone intending delivering this learning session to familiarise themselves with the Self-directed Support Act and guidance as well as local implementation.

All slides, notes for facilitators, group exercises and case studies, can be downloaded from the Social Work Scotland website.

This module can be delivered as a stand-alone session or in combination with the other modules available. Other modules in this series are:

- Legal duties
- Children and Families
- Use of Direct Payments to employ a family members

It is recommended that all supporting staff including, finance, admin, legal, health, commissioning and procurement, homecare and support staff undertake this module as a minimum requirement.

## Overview

This module introduces participants to the new Self-directed Support Act. From its origins to implementation on 1st April 2014 the module provides opportunity for reflection on the significant changes that the new Act will bring for the delivery of support services. It provides participants the opportunity to explore the values and principles that underpin practice, the changes required for successful implementation and dispels some of the myths around Self-directed Support.



## Content

### **The session will:**

- Provide an overview of the Act and new duties.
- Explore the historical context.
- Explore the statutory principles and values that underpin the Self-directed Support Act.
- Confirm the opportunities and benefits for people who require support
- Consider the potential implications for, practitioners, users, internal support services and wider partners.

## Learning Objectives

### **Participants will:**

- Feel reassured by the principles and values of the new legislation and how they fit with practice.
- Have a broad sense of your role in applying a Self-directed Support approach.
- Be more familiar with how national expectations fit with your local arrangements.

## Intended audience

- Frontline practitioners/supervisors/managers who have responsibilities for assessment, planning and providing support.
- Health colleagues with assessment/planning roles (For example, Community Nurses, Occupational Therapists, Home Care Managers etc.)
- All support staff that require to be familiar with the new legislation and how it impacts on their role, homecare, finance, human resources, admin and commissioning.

## Materials needed

- PowerPoint slides
- Flipchart paper and pens (group activity) “post it notes”
- Hand-outs – The 4 options explained
- Self-directed Support quiz questionnaire



## Making connections

Invite participants to have a paired conversation about what choice and control means to them in their day to day life. Use the following questions:

- What does choice and control mean to you in your day-to-day life?
- What decisions about yourself do you make on a daily basis?
- What would you do if these choices were removed or restricted?

### **Purpose:**

The aim of this exercise to get people thinking and talking about what this feels like and to explore the value of choice and control in our lives.

Hopefully the group will start thinking about what it may feel like to have others decide or control what is important in day to day life?

It is important to highlight that people who use services or require support often feel/experience this loss of control on a daily basis.

### **Some examples people should come up with may include:**

Money, where you live, who you live with, who you see and when, how do you decide - is it planned or a whim, what to eat, drink, when to go to bed, daily routines, how to spend your time.



## Activity 1

### **Next Steps Exercise**

No hand-outs required only pen paper or post it notes

Invite the participant to write down what they feel would be helpful next steps. This may be for them as an individual, for their team, their wider organisations or from external sources such as Scottish Government, Scottish Social Services Council or Social Work Scotland, Some examples to give to aid thinking may include, more training, speaking or reflections with colleagues, reading guidance etc.

Invite participants to record this on a post it notes and have an area where they can leave it. This information may prove useful learning for the organisation on what further support is still required.



## Suggested programme and timings

Welcome, introduction & house keeping	Slide 2	5 mins
Introduce learning objectives and outcomes	Slide 3 & 4	10 mins
Vision for Self-directed Support	Slide 5	5 mins
Making connections	Slide 6	10 mins
Legislative policy background and evolving drivers	Slide 7 - 12	20 mins
Statutory values & principles of the Act	Slides 13	10 mins
Social work legislation	Slide 14	5 mins
Myth Buster Quiz/exercise	Slides 15 - 53	45 mins
Coffee Break		30 mins
Introduce new duties	Slides 55 - 60	15 mins
What this means for practice	Slides 61 - 62	20 mins
Key messages	Slide 63	15 mins
Activity 1 - Next Steps	Slide 64	10 mins
Q & A	Slide 65	10 mins