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| **Appendix B : SELECTED REFERENCES****Scottish Government Covid-19** guidance links 15/12/20: <https://www.gov.scot/coronavirus-covid-19/> Scottish Government (October 2020) Covid-19: Scotland’s Strategic Framework. <https://www.gov.scot/publications/covid-19-scotlands-strategic-framework/> Scottish Government (31/10/20) Guidance on child contact centres includes a number of principles to follow in terms face-to-face contact services: <https://www.gov.scot/publications/coronavirus-covid-19-child-contact-services/>The Health Protection (Coronavirus) (Restrictions and Requirements) (Local Levels) (Scotland) Regulations 2020 ( 31/10/20) Defines shared parenting exemption for gatherings in private dwellings and in public places, both indoors and outdoors) at all protection levels: <https://www.legislation.gov.uk/ssi/2020/344/contents/made>**NHS Inform :** [Coronavirus (COVID-19) in Scotland | NHS inform](https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19). Latest coronavirus (COVID-19) guidance from NHS Scotland and the Scottish Government, including physical distancing measures and advice for infected households**Independent Care Review** (2020) The Promise. <https://www.carereview.scot/wp-content/uploads/2020/02/The-Promise.pdf>**Contact during lockdown: How are children and their birth families keeping in touch?** Nuffield Family Justice Observatory/University of East Anglia. *Briefing paper* reporting on social work and carers experiences of enabling contact during lockdown in England (PDF; 6pp) <https://www.nuffieldfjo.org.uk/app/nuffield/files-module/local/documents/nfjo_contact_lockdown_rapid_research_briefing_paper_20200520_final.pdf>**The effects of digital contact on children's well-being: evidence from public and private law contexts**. Nuffield Family Justice Observatory *Briefing paper* : rapid review of existing evidence on digital contact (PDF)5pp<https://www.nuffieldfjo.org.uk/app/nuffield/filesmodule/local/documents/nfjo_digital_contact_evidence_review_briefing%20paper_20200520.pdf>**CELCIS Covid-19 Information Point** : <https://www.celcis.org/knowledge-bank/spotlight/covid19info/> **‘**HOW TO’ TIPS ON ENABLING FAMILY TIMEVIRTUALLY **Family Time: from a distance, without technology** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF, 2pp) (*Ideas for supporting children to keep connected to family members without the use of technology*) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/rccf-family-time-from-a-distance-without-technology.pdf>**Family Time: tips for using video chats.** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 2pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/rccf-tips-for-using-video-chats-for-family-time-march-2020.pdf>**Conversation starters for children and families** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 2pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/coversation-starters-for-children-and-families.pdf>Keeping in touch: managing contact for looked after children. City of Edinburgh(2014)[https://www.girfec-aberdeenshire.org/wp content/uploads/2015/11/KiT\_Guidance\_Complete\_LR-RGB.pdf](https://www.girfec-aberdeenshire.org/wp%20content/uploads/2015/11/KiT_Guidance_Complete_LR-RGB.pdf)Nuffield Family Justice Observatory (July 2020): Evidence Review: *contact following placement in care. Implications for children and young people’s wellbeing.* <https://www.nuffieldfjo.org.uk/app/nuffield/files-module/local/documents/nfjo_contact_well-being_report.pdf>Pause ( July 2020) *Knowing their OK: contact arrangements for birth mothers and their children* [https://www.pause.org.uk/relationships-with-children/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.pause.org.uk%2Frelationships-with-children%2F&data=02%7C01%7Caileen.nicol%40strath.ac.uk%7C1c2aac5b09914196ff5708d833b9f43e%7C631e0763153347eba5cd0457bee5944e%7C0%7C0%7C637316221038242181&sdata=GMLP976LICbLtwvfqmEgCo9DLmJCjDZafH1mzbjgRoA%3D&reserved=0)**Social online games for children and families** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 7pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/social-online-games-for-children-and-families.pdf>**Tips for Video Chatting with Young Children – Staying Connected While Far Apart,** National Association for the Education of Young Children (NAEYC) (Webpage) <https://www.naeyc.org/our-work/families/tips-video-chatting-young-children>**Transitions support for young care leavers** <https://scottishtransitions.org.uk/summary-download/><https://www.celcis.org/our-work/key-areas/throughcare-and-aftercare/>ADVICE ON GUIDANCE ON USE OF DIGITAL TECHNOLOGY PLATFORMS**Seven questions to ask when using digital technology to help maintain family contact** Nuffield Family Justice Observatory. Before employing a new platform, practitioners should ask themselves some key questions to ensure the experience is safe, accessible and appropriate, and that it offers the best experience for each family. (Web page) <https://www.nuffieldfjo.org.uk/news/7-questions-when-using-digital-technology-to-help-maintain-family-contact>Twenty-first century contact: the use of mobile communication devices and the internet by young people in care. Simpson J (2020) Adoption & Fostering 2020, Vol. 44(1) 6–19**Using technology to enable contact, National Association of Child Contact Centres**  – Step-by-step how to on setting up and using Skype for contact (Two short videos, 2mins:44secs; 1min47 secs) <https://remotecontact.naccc.co.uk/> |

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| **GENERAL INFORMATION ABOUT KEEPING CHILDREN SAFE ONLINE** |
| **Keeping children safe online**  | *Advice on how to talk to a child about online safety* <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/> |
| **Setting safeguards for online games** | *Advice on how to keep children safe in online games* <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/> |
| **Information about social networks, apps and games**  | Reviews and assessments of different networks, apps and games (searchable) <https://www.net-aware.org.uk/networks/>  |
| **Reviews of common video chat online platforms and apps for adult supported virtual communications**  | Zoom <https://www.net-aware.org.uk/networks/zoom/> |
| Skype <https://www.net-aware.org.uk/networks/skype/> |
| WhatsApp <https://www.net-aware.org.uk/networks/whatsapp/> |
| FaceTime <https://www.net-aware.org.uk/networks/facetime/> |