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| **Appendix B :REFERENCES (a) National Guidance, strategy and legislation (b) research and resources (c)use of digital technology platforms (d) online safety**  **(a) COVID-19 NATIONAL GUIDANCE, STRATEGY AND LEGISLATION**  Scottish Government Covid-19 guidance links 20/1/21: <https://www.gov.scot/coronavirus-covid-19/>  Scottish Government (October 2020) Covid-19: Scotland’s Strategic Framework. <https://www.gov.scot/publications/covid-19-scotlands-strategic-framework/>  COVID-19 Family contact for looked after children [Coronavirus (COVID-19): looked after children and young people - family contact - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-looked-after-children-and-young-people---family-contact/pages/about-this-guidance/)  COVID-19 Supplementary national child protection guidance (22/12/20) [Coronavirus (COVID-19): supplementary national child protection guidance - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-supplementary-national-child-protection-guidance/)  COVID-19 Stay at Home Guidance 21/1/21 [Coronavirus (COVID-19): stay at home guidance - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-stay-at-home-guidance/)  COVID-19 Residential child care 15/1/21 [Coronavirus (COVID-19): residential childcare - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-residential-childcare/pages/residential-respite-short-break-settings/)  COVID-19 Safe and ethical practice 15/1/21 [Coronavirus (COVID-19): safe and ethical social work practice - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-social-worker-guidance-on-safe-contact/)  COVID-19 Contact Centre Guidance 15/1/21 [Coronavirus (COVID-19): child contact services guidance - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-child-contact-services/)  COVID-19 Organised Activities for Children (5/1/21)  [Coronavirus (COVID-19): organised activities for children - gov.scot (www.gov.scot)](https://www.gov.scot/publications/coronavirus-covid-19-organised-activities-for-children/)  The Health Protection (Coronavirus) (Restrictions and Requirements) (Local Levels) (Scotland) Regulations 2020 to 18/1/21 [The Health Protection (Coronavirus) (Restrictions and Requirements) (Local Levels) (Scotland) Regulations 2020 (legislation.gov.uk)](https://www.legislation.gov.uk/ssi/2020/344/contents)  Defines shared parenting exemption for gatherings in private dwellings and in public places, both indoors and outdoors) at all protection levels:  **NHS Inform :** [Coronavirus (COVID-19) in Scotland | NHS inform](https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19). Latest coronavirus (COVID-19) guidance from NHS Scotland and the Scottish Government, including physical distancing measures and advice for infected households  **(b) RESEARCH and RESOURCES**  **Independent Care Review** (2020) The Promise. <https://www.carereview.scot/wp-content/uploads/2020/02/The-Promise.pdf>  **Contact during lockdown: How are children and their birth families keeping in touch?** Nuffield Family Justice Observatory/University of East Anglia. *Briefing paper* reporting on social work and carers experiences of enabling contact during lockdown in England nfjo\_contact\_lockdown\_rapid\_research\_main\_report\_revised\_20200522.pdf (nuffieldfjo.org.uk)  **The effects of digital contact on children's well-being: evidence from public and private law contexts**. Nuffield Family Justice Observatory *Briefing paper* : rapid review of existing evidence on digital contact (PDF) [The effects of digital contact on children's well-being: evidence from public and private law contexts | Nuffield Foundation (nuffieldfjo.org.uk)](https://www.nuffieldfjo.org.uk/resource/digital-contact-childrens-wellbeing)  [Working for Babies - Parent-Infant Foundation](https://parentinfantfoundation.org.uk/1001-days/resources/working-for-babies/) (19/1/21) Learning from Lockdown  Contact between children in care or adopted and their families: six key messages from research [contact-six-key-messages-nuffieldfjo.pdf](https://www.nuffieldfjo.org.uk/app/nuffield/files-module/local/documents/contact-six-key-messages-nuffieldfjo.pdf)  [Ask the authors – what does research tell us about contact between children in care or adopted and their families? | Nuffield Foundation (nuffieldfjo.org.uk)](https://www.nuffieldfjo.org.uk/event/ask-the-authors-contact-children-families)  **Twenty-first century contact: the use of mobile communication devices and the internet by young people in care**. Simpson J (2020) Adoption & Fostering 2020, Vol. 44(1) 6–19  Pre COVID local approach **Keeping in touch: managing contact for looked after children. City of Edinburgh**(2014)[https://www.girfec-aberdeenshire.org/wp content/uploads/2015/11/KiT\_Guidance\_Complete\_LR-RGB.pdf](https://www.girfec-aberdeenshire.org/wp%20content/uploads/2015/11/KiT_Guidance_Complete_LR-RGB.pdf)  **CELCIS Covid-19 Information Point** : <https://www.celcis.org/knowledge-bank/spotlight/covid19info/>  **( c) USE OF DIGITAL TECHNOLOGY PLATFORMS**  **Seven questions to ask when using digital technology to help maintain family contact** Nuffield Family Justice Observatory. Before employing a new platform, practitioners should ask themselves some key questions to ensure the experience is safe, accessible and appropriate, and that it offers the best experience for each family. (Web page) <https://www.nuffieldfjo.org.uk/news/7-questions-when-using-digital-technology-to-help-maintain-family-contact>  **Information about social networks, apps and games**  Reviews and assessments of different networks, apps and games (searchable)  <https://www.net-aware.org.uk/networks/>  **Using technology to enable contact, National Association of Child Contact Centres**  – Step-by-step how to on setting up and using Skype for contact (Two short videos, 2mins:44secs; 1min47 secs) <https://remotecontact.naccc.co.uk/>  **Reviews of common video chat online platforms and apps for adult supported virtual communications**  Zoom <https://www.net-aware.org.uk/networks/zoom/>  Skype <https://www.net-aware.org.uk/networks/skype/>  WhatsApp <https://www.net-aware.org.uk/networks/whatsapp/>  FaceTime <https://www.net-aware.org.uk/networks/facetime/>  **Family Time: from a distance, without technology** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF, 2pp) (*Ideas for supporting children to keep connected to family members without the use of technology*) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/rccf-family-time-from-a-distance-without-technology.pdf>  **Family Time: tips for using video chats.** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 2pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/rccf-tips-for-using-video-chats-for-family-time-march-2020.pdf>  **Conversation starters for children and families** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 2pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/coversation-starters-for-children-and-families.pdf>  Nuffield Family Justice Observatory (July 2020): Evidence Review: *contact following placement in care. Implications for children and young people’s wellbeing.* <https://www.nuffieldfjo.org.uk/app/nuffield/files-module/local/documents/nfjo_contact_well-being_report.pdf>  Pause ( July 2020) *Knowing they’re OK: contact arrangements for birth mothers and their children* [https://www.pause.org.uk/relationships-with-children/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.pause.org.uk%2Frelationships-with-children%2F&data=02%7C01%7Caileen.nicol%40strath.ac.uk%7C1c2aac5b09914196ff5708d833b9f43e%7C631e0763153347eba5cd0457bee5944e%7C0%7C0%7C637316221038242181&sdata=GMLP976LICbLtwvfqmEgCo9DLmJCjDZafH1mzbjgRoA%3D&reserved=0)  **Social online games for children and families** Research Centre for Children and Families, University of Sydney. *Practical pointers for practice* (PDF; 7pp) <https://www.sydney.edu.au/content/dam/corporate/documents/faculty-of-arts-and-social-sciences/research/research-centres-institutes-groups/social-online-games-for-children-and-families.pdf>  **Tips for Video Chatting with Young Children – Staying Connected While Far Apart,** National Association for the Education of Young Children (NAEYC) (Webpage) <https://www.naeyc.org/our-work/families/tips-video-chatting-young-children>  **Transitions support for young care leavers** <https://scottishtransitions.org.uk/summary-download/>  <https://www.celcis.org/our-work/key-areas/throughcare-and-aftercare/> |

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| **(d) KEEPING CHILDREN SAFE ONLINE** |
| NSPCC: Advice on how to talk to a child about online safety  <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>  [360˚ Safe](https://360safescotland.org.uk/) – An interactive e-safety self-assessment tool tailored for use in Scottish schools, developed in partnership with the Scottish Government. This tool is also available in the Glow App Library.  [UK Safer Internet Centre](https://www.saferinternet.org.uk/) – A partnership of leading e-safety organisations, offering a range of e-safety resources and services aimed at children and young people, parents and carers, and teachers.  [Professionals Online Safety Helpline](https://www.saferinternet.org.uk/professionals-online-safety-helpline) (0844 381 4772) – Helpline delivered by the UK Safer Internet Centre offering expert e-safety advice for UK professionals who work with children and young people.  [CEOP Safety Centre](https://www.ceop.police.uk/safety-centre/) – National e-safety help and reporting centre for children and young people, parents and carers, and teachers. CEOP (Child Exploitation and Online Protection Command) is part of the National Crime Agency.  [Think-U-Know](https://www.thinkuknow.co.uk/) – CEOP’s education hub, providing e-safety advice and resources for children and young people, parents and carers, and teachers.  [RespectMe](http://respectme.org.uk/) – Scotland’s national anti-bullying service  [Staying Safe Online](http://www.scotland.police.uk/whats-happening/campaigns/2014/stay-safe-online) – Police Scotland advice for children, parents, teachers and carers  **Online games** <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/> |