

### Palliative Care Strategy Consultation

### SUBMISSION TO SCOTTISH GOVERNMENT CONSULTATION

10 January 2025

#### INTRODUCTION

Social Work Scotland is the professional body for social work leaders, working closely with our partners to shape policy and practice, and improve the quality and experience of social services. We welcome the opportunity to provide a response to the Palliative Care Strategy Consultation.

#### **BACKGROUND**

The Palliative Care Strategy consultation posed 16 questions in total. The Scottish Government provided the following summary:

This five-year strategy (2025-2030) builds on our previous palliative care strategies, 'Living and Dying Well: A national action plan for palliative and end of life care in Scotland (2008)' and 'Palliative and end of life care: strategic framework for action (2015)'.

It sets out our aims and intended outcomes, with specific actions for each outcome. Through these outcomes and actions, we expect that adults and children, as well as their families and carers, will have better experiences of palliative care; care when someone is dying; and bereavement support.

This document presents the questions, followed by the response from Social Work Scotland and our members.

#### **SUMMARY**

Social Work Scotland and its members support the strategy's aims and emphasise the need for society to be more open about death and dying. We suggest that the statement about Scotland being a place where people can support each other and talk openly about serious illnesses and bereavement should be the strategy's opening statement.

Our members highlight the importance of accessible language and suggest using "community wellbeing" instead of "public health" to be more inclusive. We agree with the strategy's foundations but have concerns about the wording and ambition, particularly regarding geographical differences and the realistic provision of services in rural areas.

The role of social work and social care should be more prominent in the strategy and barriers to care need to be identified through collaboration and listening to those who use services. We suggest improvements to the NHS Inform website and recommend considering the "Right Decisions" app as an alternative.

Our members agree with the focus on integration but stress the importance of community-based supports. We note that strategic plans for palliative care need to be flexible to accommodate differences across regions and that the Care Inspectorate should be involved in data sharing.

Social Work Scotland and our members express concerns about the feasibility of providing specialist services everywhere due to financial constraints and geographical challenges. We also emphasise the need for collaboration in developing a national electronic urgent and emergency care plan and suggest using "relationship-based care planning" instead of "person-centred."

We advocate for greater emphasis on social supports, community resources, and accessible language. Our members stress the importance of balancing aspirational goals with practical considerations and fostering open conversations about death and dying.

Finally, we note that the strategy does not fully address the needs of rural and island areas or socio-economic deprivation and that achieving equality and equity across Scotland requires significant increases in resources and staffing.

#### QUESTIONS

### **Section A: Overall Strategy**

#### Question 1a. Do you agree with the aims for this strategy?

The aims of the strategy are that, by 2030:

- adults and children in Scotland have more equitable access to wellcoordinated, timely and high-quality palliative care, care around dying and bereavement support based on what matters to them, including support for families and carers.
- Scotland is a place where people, families and communities can support each other, take action and talk more openly about planning ahead, serious illnesses or health conditions, dying and bereavement
- adults and children have opportunities to plan for future changes in their life, health and care with their families and carers.

[Please only mark one box below]

$\boxtimes$	Agree with comments noted below:
	Disagree
	Unsure / Don't know

Question 1b: Please add any comments you have about the strategy aims here:

Social Work Scotland and our members are in agreement about the aims of the strategy and believe that, as a society, we need to be much more open to talking about death and dying. To that end, we feel that the second bullet point which states "Scotland is a place where people, families and communities can support each other, take action and talk more openly about planning ahead, serious illnesses or health conditions, dying and bereavement" should be the opening statement within the strategy.

The strategy needs to be accessible to all, and therefore, consideration about the use of language needs to be taken into account. We appreciate that a public health approach underpins the strategy, yet this term is rooted in academic language and suggests that it is led by health. Perhaps this needs consideration as the intention of the strategy is to be inclusive and draw upon support from across a wide range of social and health services. We feel that

using phrases such as "community wellbeing" might be more inclusive than "public health".

# Question 2a. Do you agree with the strategy cornerstones, which form the basis for the strategy and delivery plans?

We used four 'cornerstones' as the foundations for change and improvements in palliative care policy, service delivery and public involvement. These are:

- Working together to provide the care that's right for each adult or child, their family and carers.
- Taking a whole-system population health approach using data and people's experiences
- Ensuring equity and equality of access to palliative care for anyone who needs it
- Leadership across health and social care systems and with wider delivery partners, including third sector organisations (charities)

[Please only mark <b>one</b> box below]	
□ Agree	
☐ Disagree	
□ Unsure / Don't know - Please see our comments below:	

### Question 2b: Please add any comments you have about the four strategy

Generally, Social Work Scotland and our members feel that the cornerstones as foundations for change are useful, but we have some concerns about the wording and the ambition. We believe that the first point makes sense, but the second point is too ambiguous in its wording. The term "population health approach" is not very accessible to some professions, or members of the public, and some clarity around this term would be welcomed.

We do have some concern around the third point. We appreciate that this is an ideal standard of service delivery, but the strategy needs to be realistic in terms of geographical differences across the country. These differences impact the availability of resources, the prevalence of workforce, the dispersion of finances, and travel times to access services. We think that the words "equity and equality" do not recognise these geographical differences in Scotland. We agree that everyone should have access to palliative care, but

we are realistic that this provision cannot be equal. Rural areas of the country cannot provide specialist hospice support, and if we compare Islay to Edinburgh (for example), we need to appreciate that getting exactly the same access to services is not possible.

We agree with the fourth point.

### **Section B: Strategy outcomes**

# Question 3a. Do you agree with strategy outcome 1 and the proposed actions being developed to deliver this outcome?

Outcome 1: People have the understanding, information, skills and confidence to support themselves and others to live well with serious illnesses or health conditions; to plan for the future; and to support each other through dying and bereavement.

- Take forward work across relevant policy areas to improve the wider experiences of people receiving palliative care and care around dying; remove barriers to access; and maximise support, including areas related to children and young people, equalities, justice, fair work, housing and tackling poverty.
- Explore ways to promote access to financial benefits for adults or children
  with serious illnesses or health conditions and increasing health and care
  needs under the Benefits Assessment for Special Rules in Scotland (BASRiS)
  application process through improved public information and professional
  education and guidance.
- Work with agencies, statutory and third sector organisations responsible for housing and services for people who are homeless or vulnerably housed to develop and promote ways to enable adults and children living with serious illnesses or health conditions to access the social, practical and financial assessments and support they need.
- Collaborate with NHS 24 and wider partners to make sure the NHS inform
  website provides relevant, up to date and accessible public information about
  future care planning, palliative care and care around dying for adults and
  children, families and carers, including links to support organisations and
  resources for people from diverse groups and communities.
- Support the Scottish Partnership for Palliative Care (SPPC) to provide a sustainable, national infrastructure that enables statutory and third sector

organisations, palliative care providers, staff, community groups and individuals to work together to promote understanding and awareness of living and dying with serious or life-threatening illnesses and serious health conditions; and to contribute towards empowering people to be more informed and equipped to plan ahead and support each other through serious illness, dying, death and bereavement.

- In partnership with the third sector, widen access to community-led public education opportunities which provide knowledge, skills, resources and training to help more people be comfortable and confident in supporting family, friends and people in their local community when someone is dying, caring or bereaved.
- Work with Integrated Joint Boards (IJBs) and Health and Social Care
  Partnerships (HSCPs) to explore options for their strategic plans for palliative
  care to recognise and work collaboratively with local community groups,
  networks and projects that offer support for adults with serious illnesses;
  children and young people with serious health conditions; and their families
  and carers.

[Please only mark <b>one</b> box below]
□ Agree – See comments below.
☐ Disagree
☐ Unsure / Don't know

### Question 3b: Please add any comments you have about outcome 1 and its actions here:

Social Work Scotland and our members feel that outcome 1 is well worded but have a number of suggestions for improvement.

The role of social work and social care is not clear within outcome 1 and needs to be foregrounded. Palliative care involves social and medical support, drawing on community resources. Third sector social care services are commissioned by social work, on behalf of HSCPs, to meet assessed needs for individuals, therefore the role of social work and social care should be referenced here.

Within the first bullet point, removing barriers is referred to, but our members have said that there needs to be some appreciation that these barriers need to be identified in the first place, and this will emerge from clearer

collaboration across professions, and from listening to those who use services.

Bullet point four refers to NHS Inform. Our members shared experiences of using this resource and have commented that the website can be difficult to navigate, giving a multitude of links to follow, and giving the experience of having to work hard to find relevant information. There were also comments that the site is not always inclusive of social work and social care. These concerns were raised so that the accessibility of the site can be visited, perhaps even considering a rename to "NHS and Social Care Inform" to recognise the various key stakeholders in service provision.

Our members also suggested that 'Right Decisions' by Healthcare Improvement Scotland (HIS) may be an alternative to consider as it was deemed to be a good website and app which is more inclusive of health and social care and is considered to be more user friendly.

# Question 4a. Do you agree with strategy outcome 2 and the proposed actions being developed to deliver this outcome?

Outcome 2: Leaders, stakeholders and delivery partners will work together in partnership, with clear roles and responsibilities, to make sure there is reliable and effective planning, delivery, accountability and improvement of palliative care services and wider support.

- Develop guidance with IJBs and Health Boards to support the identification of a clinical and a managerial / executive lead, and to establish a Managed Care Network (MCN), updating previous guidance for Health Boards on MCNs.
- Work with Health Boards to establish new requirements for inclusion of integrated specialist palliative care services within annual delivery plans and performance monitoring.
- Work with HSCPs and adult independent hospice organisations to develop a national guidance framework to support and improve consistency of local planning and commissioning of independent hospice services.
- Work with the Scottish Partnership for Palliative Care to establish a national Palliative Care Innovation Network, where people and teams involved in palliative care delivery; community-led initiatives; improvement and research; or education can come together to share learning and ideas for improvement and innovation.

 Continue to engage with palliative care delivery partners on how the proposed National Care Service Board and the reformed Integration Authorities will improve national and local governance, roles, responsibility, commissioning, monitoring and reporting of specialist palliative care services and general palliative care

[Please only mark <b>one</b> box below]		
⊠ Agree		
□ Disagree		
□ Unsure / Don't know		

### question 4b: Please add any comments you have about outcome 2 and its actions here:

Social Work Scotland and our members agree with outcome 2 and feel that consultation with front line care services is important and needs to be considered.

We do feel that the outcome has an appropriate focus on integration but could benefit from profiling community-based supports in order to ensure that the current health focus does not minimise the crucial role of social supports provided by social work and social care.

In terms of the Strategic Plans for Palliative Care, we feel that support will be required for some HSCPs to develop these. There will need to be an appreciation that partnerships across the country vary in size, resources, and provision, and the strategies will need to be flexible enough to incorporate these differences. We would also note that some HSCP's do not have hospice services in their own areas and need to work across areas for support.

# Question 5a. Do you agree with strategy outcome 3 and the proposed actions being developed to deliver this outcome?

Outcome 3: National and local leaders will have access to relevant data to inform planning and delivery of services; and will put in place improved ways to monitor and evaluate the outcomes and experiences of children and adults receiving palliative care, as well as their families and carers.

- Work with Public Health Scotland, Health Boards, HSCPs, and other key partners, including paediatric palliative care planners and service providers, across all sectors to improve the quality and range of palliative care data collected, analysed and reported. Such data can be used to inform improvement, experiences, and delivery of palliative care for adults and children, families and carers, and includes:
  - updating and improving the existing adult palliative care population data reporting systems; and providing access for service planners and health and care staff.
  - developing a national approach to data collection on paediatric palliative care services for babies, children and young people (0 -18 years) and developing a new dashboard that can be accessed by paediatric palliative care service planners, and health and care staff.
  - working with HSCPs and Health Boards to develop a data template that supports them to collect, analyse and report high quality data on general palliative care and specialist palliative care services delivered to adults, children and young people for service planning and improvement, which includes user experiences in all places of care.
  - development of a Scottish minimum data set for all adult specialist palliative care services.
  - development of a Scottish minimum data set for all paediatric and neonatal specialist palliative care services and transitions.
- Explore evidence based and emerging co-design approaches to hearing and measuring people's experiences of palliative care, care around dying and bereavement support in palliative care for all places of care and establish a consistent national approach to help improve these experiences.

[Please only mark <b>one</b> box below]
□ Agree
□ Disagree
□ Unsure / Don't know
question 5b: Please add any comments you have about outcome 3 and its

actions here:

Social Work Scotland and our members believe that in terms of accessing relevant data, the Care Inspectorate should be involved. We note that there is no mention of them within the strategy.

Creating systems that provide greater opportunities for data sharing across health and social care is an issue that has been ongoing for decades now. There is evidence of different professionals within organisations using different systems from one another, with some social workers reporting that they have to input the same data into four separate systems. We also hear from our members that there can be confidentiality issues which impact on the access of data within some integrated teams. This is compounded by some professionals, specifically GP's and lawyers, charging for providing information (for reports, for example) which can present financial challenges for accessing information.

We believe it is important to highlight these existing issues when it comes to data sharing. We are in favour of greater data sharing for professionals, but the current system is fraught with challenges, and these vary across all 32 local authorities and 31 HSCP's.

# Question 6a. Do you agree with strategy outcome 4 and the proposed actions being developed to deliver this outcome?

Outcome 4: Adults with serious or life-threatening illnesses will be identified earlier and be able to access general palliative care and specialist palliative care services, whenever and wherever needed.

- Work with Healthcare Improvement Scotland (HIS) to improve guidance and promote improvements in use of evidence-based tools to support proactive identification and review of adults with unmet palliative care needs, their families and carers, by staff and teams working across health and social care in all HSCPs and Health Boards.
- Work with NHS National Services Scotland (NSS) and HIS and digital science experts to explore further development and implementation of national health records screening tools to improve identification of adults with serious or lifethreatening illnesses for earlier palliative care and future care planning.
- Explore viable options with NHS 24 and other delivery partners to provide a 24/7 national palliative care advice line (via the 111 system) for patients, families and carers that reduces delays in access to urgent primary care and

social care and connects with locally delivered palliative care telephone helplines and services.

- Support collaborative working to promote inclusion of palliative care and care around dying in service planning and delivery for people with one or more long term health conditions.
- Support innovative models of care and consider options for service developments and partnership working to increase equity of access to adult specialist palliative care both in-hours and out-of-hours in all Health Boards and HSCPs, including a specific focus on people who have more barriers to accessing the specialist palliative care they need.
- Explore options with Health Boards and HSCPs to make sure there is consistent access at all times (24/7) to specialist clinical care from a consultant in palliative medicine and from senior nurse specialists whenever a person is receiving inpatient hospital or community hospital specialist palliative care, including contractual arrangements to support rural and island Health Boards.
- Work with Health Boards, HSCPs and third sector organisations to improve access to urgent palliative care services in the community that can reduce avoidable hospital admissions and shorten inpatient stays, and provide more effective, timely admission processes for those needing hospital care. This includes improving access to specialist palliative care advice in hospital and at home within wider national and local work on unscheduled care and early hospital discharge.
- Work with Health Boards, HSCPs and third sector organisations to support improved provision of professional-to-professional specialist palliative care clinical advice lines, ensuring these are available 24/7 in all parts of Scotland, so that other health and care staff providing palliative care, including the Scottish Ambulance Service, can access specialist palliative care advice at all times.
- Work with Health Boards, HSCPs, third sector organisations, other delivery partners, and community groups to improve palliative care, care around dying and bereavement support for people from minority communities and other groups who face barriers to accessing palliative care or who need flexible approaches tailored to their health conditions, situation, personal circumstances, values and preferences.

[Please only mark **one** box below]

	Agree
	Disagree
$\boxtimes$	Unsure / Don't know

### Question 6b: Please add any comments you have about outcome 4 and its actions here:

Social Work Scotland and our members feel that outcome 4 is very aspirational, particularly the intent to provide "specialist services whenever and wherever needed". If we were in a strong position where this aspiration could be built upon, we would feel that this is achievable, but currently, provision is hampered by financial constraints and geographical differences. We note that no realistic resource is attached to the strategy.

Whilst we agree that some technologies may be able to assist in providing support, and some care, we are cautious about backing a promise to provide "specialist services" as we know that there will be barriers to these. We welcome the focus on this area but would like to see further detail as to how this will be provided, particularly to those who live in remote and rural locations. At present, they are not privy to the types of specialist services that can be provided in major towns and cities, so some clarity around how this will be addressed would be useful.

# Question 7a. Do you agree with strategy outcome 5 and the proposed actions being developed to deliver this outcome?

Outcome 5: Adults living with serious or life-threatening illnesses and children with serious health conditions will be offered person-centred future care planning involving their families and carers, and care plans will be recorded and shared using national digital systems.

- Support a national partnership programme for future care planning, overseen by the National Future Care Planning Working Group, that is person-centred, inclusive and takes a 'Once for Scotland' and 'digital' approach to development and delivery for children, young people and adults whose life, health or care may change, and which is suitable for all places of care.
- Continue to work with NHS Education for Scotland (NES) Digital, other national organisations and partners to develop and implement a national

electronic urgent and emergency care plan for health and social care accessible to staff working in the community, NHS unscheduled care services and hospitals in all Health Boards, starting with health care staff and extending to social care staff, care homes and independent hospices.

- Continue to work with NES Digital, other national organisations and partners
  to develop and implement a national electronic hospital urgent care plan to
  improve treatment and care during a single hospital admission that connects
  digitally with community urgent and emergency care plans.
- Continue to work with NHS Education for Scotland, other national organisations and partners to develop and deliver national education and implementation resources on future care planning for use across Scotland.
- Promote future care planning across all sectors and involve a wide range of stakeholders in development and delivery including members of the public, adults, young people, families, parents and carers, minority groups, patient support groups and third sector organisations, and to develop accessible and inclusive resources and information about future care planning with them.

Please only mark <b>one</b> box below
□ Agree
☐ Disagree
□ Unsure / Don't know

### question 7b: Please add any comments you have about outcome 5 and its actions here:

Outcome 5 is overly focussed on NHS acute services with no consideration of the role of social work or social care. We would like to reiterate that the role of the Care Inspectorate has not been addressed in this strategy. As a regulatory body, its responsibilities cannot be overlooked and should be integrated into this and other relevant outcomes.

In order to avoid future problems in the implementation of a *national electronic urgent and emergency care plan for health and social care,* Social Work Scotland strongly advise that the Local Government Digital Office, and Scottish Government's Digital Health and Care Division is involved in this work at the earliest point.

It is inconceivable that a system aimed at creating a single system for use by multiple agencies and organisations would not be developed collaboratively, and we strongly oppose the suggestion that this would *start with health care staff and extend to social care staff, care homes and independent hospices.* Once again, we would also note the absence of any consideration of social workers and social work systems.

Furthermore, care planning conversations are not, and should not be considered as limited to the responsibility of medical professionals. A broad range of staff within Health and Social Care Partnerships (HSCPs) should be empowered and supported to engage in these discussions.

Additionally, we question the use of the term "person-centred," as it may carry different interpretations across professional disciplines. Instead, we propose the adoption of terminology such as "relationship-based care planning," which may provide greater clarity and shared understanding.

# Question 8a. Do you agree with strategy outcome 6 and the proposed actions being developed to deliver this outcome?

Outcome 6: Quality and experiences of care around dying and bereavement support are improved for adults, their families and carers, in all places of care.

- Oversee an update to the national guidance on Care around Death and work with Health Boards and HSCPs to make sure it is implemented as best practice in all places of care in Scotland.
- Work with Health Boards, HSCPs, primary care teams and pharmacy services
  to promote timely provision and use of 'just in case medicines' for adults dying
  at home and residents in care homes and improve staff education and public
  information.
- Work with HSCPs and Health Boards to promote and develop effective models of urgent palliative care able to provide rapid access to coordinated health and social care support for adults dying at home, their families and carers.
- Work with Scottish Ambulance Service and NHS Education for Scotland to ensure palliative care continues to be part of core training and professional development for ambulance clinicians.
- Oversee an update the public information leaflet "When someone has died information for you" with NHS Education for Scotland and other partners, and

promote its use along with additional local information through Health Board Bereavement Leads, HSCPs, and other organisations, including NHS Inform.

- Continue to champion, co-ordinate and work in partnership with key stakeholders to ensure compassionate advice, resources and support are available for people experiencing bereavement, following the death of an adult with a serious or life-threatening illnesses, or with a child who has a serious health condition, and explore improvements to bereavement care.
- Work with NHS Education for Scotland and other partners to develop a new education and training resource on bereavement care for staff across health and social care that includes staff support and spiritual care as part of the <u>Support Around Death</u> resources.

[Please only mark <b>one</b> box below]
□ Agree
☐ Disagree
☐ Unsure / Don't know

question 8b: Please add any comments you have about outcome 6 and its actions here:

Although Social Work Scotland and our members agree with the outcome, there are gaps in what is being proposed. Again, there is no mention of social work or social care, and whilst there is a brief mention of pharmacy services, they also need to be more fully included in earlier outcomes – they are underrepresented within the document and their function is integral to service provision.

We would reiterate that there is no mention of the Care Inspectorate, nor their work to implement the Health and Care (Staffing) Act 2019<sup>1</sup>. This is an important point to consider as there are ongoing issues of staff shortages across the country which will have a direct impact on the sustainability of this strategy.

Access to the public information leaflet "When someone has died – information for you" is problematic at present, with social work and social care staff reporting that they cannot access it. This leaflet should be delivered by front line care services, in people's homes and care plans, and in care homes. Access to this needs to be improved for social work and social care.

 $<sup>^{1}\,\</sup>underline{\text{https://hub.careinspectorate.com/how-we-support-improvement/quality-improvement-programmes-}}\\ \underline{\text{and-topics/safe-staffing-programme/}}$ 

### Question 9a. Do you agree with strategy outcome 7 and the proposed actions being developed to deliver this outcome?

Outcome 7: Babies, children and young people living with serious health conditions, and their families and carers, will experience improved support as their distinctive needs are recognised and addressed by paediatric palliative care, including care around dying or as they transition into adult services.

- Work with key partners to develop a national approach to service planning for all paediatric palliative care, through a multi-agency steering group, to ensure children and families across Scotland have access to the services they need, wherever and whenever these are required, and to ensure that these services are equitable.
- Work with CHAS and Health Boards to review current models and develop a
  national specialist paediatric palliative care service available at all times (24/7)
  to meet the needs of children, families and staff across Scotland in all places
  of care.
- Support and develop improved transitions for young people with serious health conditions based on Getting It Right For Everyone (GIRFE) practice model, and the co-designed GIRFE 'team around the person' toolkit for young people in transition from GIRFEC (Getting it Right for Every Child) to GIRFE.
- Draw on best practice models to develop and agree paediatric palliative care standards to children and families across Scotland have equitable access to high quality general and specialist paediatric palliative care services wherever and whenever these are required.
- Explore options for a national approach to providing ethical clinical review of decision making in paediatric palliative care.

[Please only mark <b>one</b> box below]
□ Agree
□ Disagree
□ Unsure / Don't know

### question 9b: Please add any comments you have about outcome 7 and its actions here:

Social Work Scotland have been sighted on the development of the GIRFE toolkit which includes the "moving on" toolkit<sup>2</sup>.

We look forward to hearing more from our pathfinder sites about how this will be implemented alongside the GIRFEC, being cognisant of the "Principles of Good Transitions<sup>3</sup>" guidance document.

# Question 10a. Do you agree with strategy outcome 8 and the proposed actions being developed to deliver this outcome?

Outcome 8: Employers, professional bodies and education providers will make sure that staff who deliver palliative care are trained, skilled and supported.

#### Proposed actions:

- Work with Healthcare Improvement Scotland (HIS) to ensure there is sustainable management, updating and extension of the Scottish Palliative Care Guidelines as recommended best practice for symptom management across Scotland on the Right Decision Service; and explore options to develop and include Scottish paediatric palliative care guidelines.
- Work with NHS Education Scotland (NES) to develop a designated online learning space readily available to all health and social care staff who deliver palliative care to adults, children and young people that provides a single point of access to relevant training and education resources on palliative care, care around dying and bereavement support.
- Work with NHS Education for Scotland (NES), statutory and third sector
  organisations, and education providers to support and enable local and
  national education and training for health and care staff to equip them to have
  sensitive and effective person-centred conversations with adults or children,
  families and carers, that are central to future care planning, palliative care,
  and care around dying, including NES <a href="Having Realistic">Having Realistic</a>
   Conversations resources.

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<sup>&</sup>lt;sup>2</sup> Scottish Government (2024) "Getting it Right for Everyone (GIRFE) – The Team Around the Person

<sup>&</sup>lt;sup>3</sup> Principles of Good Transitions - Scottish Transitions Forum

- Work with NHS Education for Scotland (NES) and third sector palliative care education providers to promote and develop online learning opportunities and networks for health and social care staff across Scotland such as Project ECHO.
- Work with universities and further education colleges that provide preregistration courses and undergraduate education programmes to enable all
  health and social care staff (including doctors, nurses, pharmacists, allied
  health care professionals and social workers) and to receive a level of adult or
  paediatric palliative care education appropriate to their roles.
- Encourage HSCPs and Health Boards to employ palliative care practice
  educators to support the sustainable delivery of palliative care education and
  training in line with the NES/SSSC Palliative Care Education Framework and
  work collaboratively with adult and paediatric palliative care specialists
  offering education and training.

[Please only mark <b>one</b> box below]
□ Agree
☐ Disagree
☑ Unsure / Don't know

### question 10b: Please add any comments you have about outcome 8 and its actions here:

Social Work Scotland and our members note there is no reference to the Care Inspectorate or the Scottish Social Services Council (SSSC), the latter being the main regulatory body for those working in social work and social care in Scotland. These organisations provide valuable training resources, and already have a role in staff development within the social work and social care workforce.

Our members also highlighted that the majority of social care staff do not have access to NES resources at present. Unless this changes, the variability of training resources will be an issue as different organisations provide different training for their members. We are aware that NES and SSSC have worked together previously to deliver a number of learning and development resources, so this option could be an option for future developments.

Further consideration needs to be given to embedding palliative care education on undergraduate programmes and how this will be monitored. Most courses have flexibility in how they cover subject matter, and with

already full curriculum, thought will need to be given as to how to add this element so that it is meaningful.

TURAS is quite easy to navigate however there is a need to understand how social work and social care training and development can be broadened out. Social work and social care professional representative organisations do not appear to be involved in the National Conversations.

### Question 11. Please add any further comments you have about the draft strategy outcomes and actions here.

Social Work Scotland and our members support the strategic intention outlined; however, we strongly advocate for greater emphasis on the critical role of social supports, community resources, and the use of accessible, inclusive language. These elements are essential for ensuring that the strategy is meaningful, practical, and equitable for individuals and communities.

Additionally, the strategy must be grounded in a realistic understanding of the existing resource and financial constraints faced by both services and communities. Aspirational goals must be balanced with practical considerations to ensure successful implementation and sustainable outcomes.

We also recognise the significant opportunity this strategy presents to drive meaningful change by fostering open, honest, and compassionate conversations about death and dying. By promoting a positive cultural shift in how society approaches these sensitive topics, we can help ensure that individuals and families feel supported, respected, and empowered throughout these experiences.

Question 12a. Community action and support - Do you think this strategy explains why it is important to encourage people, families and communities to come together, support each other, take action and talk more openly?

Living well with serious illnesses	and health	conditions,	dying and	loss are	universal
experiences affecting everyone.					

□ No	
☐ Unsure / Don't know	

Question 12b: Please add any comments you have about how to do this better in Scotland.

Question 13a. Earlier access to palliative care - Do you think this strategy explains why getting palliative care long before someone is dying can help adults, children, their families and carers?

Many people don't understand that palliative care helps adults with serious illnesses or children with serious health conditions to live as well as possible. Some people think they can only get palliative care in the last weeks or days of life. In fact, some adults and children can benefit from palliative care over many years.

$\boxtimes$	Yes
	No
	Unsure / Don't know

Question 13b: Please add any comments you have about earlier access to palliative care here.

We would reiterate that social workers and those working in social care have an important role in signposting services at the early stages of diagnosis.

Question 14a. Improving access to palliative care and support - Do you think that the actions in this strategy can improve the experiences of people with different personal characteristics and circumstances?

How adults and children, their families and carers experience living and dying with different illnesses; access health and care services; and use their own community support networks is affected by their health conditions, situation, location, culture and personal circumstances. These include:

- age
- disability
- race or ethnic group
- religion or belief
- gender
- sex
- sexual orientation
- rural or island areas

•	socio-economic deprivation (poverty) illnesses or health conditions
	Yes
	No
$\boxtimes$	Unsure / Don't know

# Question 14b: Please add any comments you have about impacts of the strategy on these or other groups of people here.

The strategy does not fully address some of these characteristics, particularly the rural/island areas, nor the socio-economic deprivation (poverty) characteristics. As stated previously, there are areas without hospice provision at present, and it is unrealistic to state that people will have equality and equity across Scotland without a significant increase in resourcing and staffing.

Question 15a. Language and terms used in the strategy - Do you think the strategy explains what is meant by the terms palliative care for adults; palliative care for children; care around dying; and future care planning?

It is important to use consistent terms and language that everyone can understand.

- Care around dying care around dying means whole person care for an adult or child who is dying and in the last hours, days or weeks of their life, care after their death, and support with loss and grief for families and carers throughout this time and when they are bereaved.
- Future care planning future care planning means supporting adults and children, their families and carers, to think and plan ahead for changes in their life, care or health.
- Palliative care for adults palliative care is holistic care that prevents and relieves suffering through the early identification, assessment and management of pain and other problems – whether physical, mental health, social or spiritual.
- Palliative care for children and young people palliative care for children and young people is an active and total approach to care, from the point of diagnosis or recognition throughout the child's life. It includes physical, emotional, social, and spiritual elements, and focuses on enhanced quality of life for the child or young person and support for their family.

<ul><li>☑ Yes</li><li>☐ No</li><li>☐ Unsure / Don't know</li></ul>
Question 15b: Please add any further comments you have about any of the terms that are used in the draft strategy.
Question 16. Please add any other comments or suggestions you have about the draft Palliative Care Strategy here:
Neil Gibson – Adult Social Work Policy and Practice Lead Social Work Scotland neil.gibson@socialworkscotland.org